



Melissa Cole

MS, IBCLC, PMH-C

Clinician | Author | Speaker | Researcher

Board-Certified Lactation Consultant
Neonatal Oral Motor Assessment Professional
Perinatal Mental Health Certified
Clinical Herbalist

The field of lactation is constantly exploding with new research and care strategies. It is paramount that birth and healthcare professionals keep up-to-date with their lactation and infant feeding knowledge so they can best serve the families in their care.

We provide:

- Evidence-based, cutting-edge lactation education for healthcare professionals
- In-person or virtual workshops, conferences, speaking engagements
- Ongoing educational opportunities and virtual webinars
- Customized in-services, trainings, lectures

Melissa Cole is an internationally board-certified lactation consultant, neonatal oral motor assessment professional, clinical herbalist, and perinatal mental health-certified provider with over two decades of experience.

As the founder of Luna Lactation & Wellness, Melissa provides clinical lactation consultations, mentorship for healthcare professionals, and education worldwide on topics ranging from infant feeding challenges to integrative perinatal care. Her approach bridges tradition and science, empowering families and providers alike with practical tools, clinical insight, and compassionate guidance.

Melissa is an international speaker, researcher, published author, and a mentor to clinicians seeking advanced training in lactation and perinatal health. She is passionate about creating inclusive care spaces that honor the diverse experiences of families.

Before entering clinical practice, Melissa's background was in education, language, and cultural arts while living and studying in Japan. This experience deepened her cross-cultural awareness, communication skills, and creativity—strengths that continue to serve her well in supporting diverse families with sensitivity and care.

"I just wanted to reiterate that your sessions are simply wonderful. They honor the student, the parents, the baby. I love how you thank the baby throughout each session, letting the baby know that they are in charge and have control over their world when they are working with you. It is such an important model of care. These sessions will positively impact all of the future students who take this course."

"This was the BEST tongue tie course I have taken...you put the most important info into an hour. I loved how you communicated and stayed on the research side...you are truly a gift!!"

"I love hearing from Melissa and how she ties evidenced based research into her talks with case studies. I appreciate her multifocal and holistic look at solutions to difficult situations."

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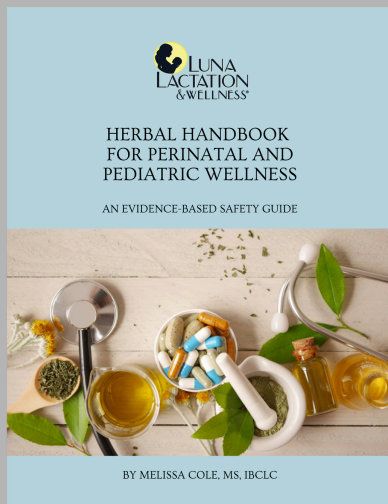
Topic Areas:

- Oral Function and Assessment
- Prenatal and Postpartum Lactation
- Critical Thinking and Clinical Skills
- Herbal Galactagogues
- Tongue and Lip Tie
- Post-Frenectomy Care
- Lactation Tools
- Bodywork
- Lactation After Loss
- Infant Digestive Support
- Milk Production

Melissa Cole has presented keynote sessions, full-day seminars, custom programs, and everything in between. Whether you are looking for an in-depth, hands-on clinical workshop or a dynamic keynote presenter, Melissa is honored to help you make your event a success while meeting your learning objectives. Read more about past and current events at: lactspeak.com/melissacole.

Recent Speaking Engagements:

- International Consortium of Oral Ankylofrenula Professionals
- Grand Rounds, Samaritan General Hospital
- Lactation & Breastfeeding Symposium, Kings College Hospital
- Chinese University of Hong Kong
- Quebec Lactation Consultants Association
- USLCA Virtual Speaker Series
- American Herbalists Guild
- Mount Sinai Breastfeeding Symposium
- California Pediatric Dental Society
- GOLD Tongue Tie Symposium Keynote Speaker
- Canadian Lactation Consultant Association
- International Lactation Consultant Association
- Ligue la Leche of Montreal Symposium
- International Affiliation of Tongue-tie Professionals
- American College of Obstetricians & Gynecologists (ACOG)



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For CV and media kit, scan here:

