



# *Continuing Education Opportunities for Health Care Professionals*

PRESENTED BY MELISSA COLE, MS, IBCLC  
OF LUNA LACTATION & WELLNESS

The field of lactation is constantly exploding with new research and care strategies. It is paramount that birth and healthcare professionals keep up-to-date with their lactation knowledge so they can best serve the families they care for.

We provide:

- Evidence-based, cutting-edge lactation education for healthcare and birth professionals
- Well-received workshops, conferences, and speaking engagements
- Ongoing educational opportunities
- Customized in-services, trainings or lectures

**Melissa Cole** is a board-certified lactation consultant, neonatal oral-motor assessment professional, and clinical herbalist in private practice.

Melissa is passionate about providing comprehensive, holistic lactation support and improving the level of clinical lactation skills for health professionals. She enjoys teaching, researching, and writing about wellness and lactation-related topics. Her bachelor's degree is in maternal/child health and lactation, and her master's degree is in therapeutic herbalism.



Before pursuing her current path, Melissa's background was in education and cultural arts, which has served her well in her work as a lactation consultant and healthcare educator. She loves living, working, and playing in the beautiful Pacific Northwest with her children.

## *Available Presentations*

- A Case Study Approach to Critical Thinking Skills for Lactation Professionals
- Clinical Lactation Tools: Bottles, Tubes and Shields, Oh my!
- Prenatal Lactation Assessment and Support
- Lactation Professional's Role Supporting Optimal Healing Outcomes for the Newborn Post-Frenectomy
- Tongue and Lip Tie: A Comprehensive Approach to Assessment and Care
- Connection and Care: Virtual Support for Tongue-Tied Infants
- Will it hurt? Frenotomy Aftercare Strategies to Optimize Healing Outcomes for the Newborn
- Oral Function: Assessment and Comprehensive Care for the Pre-Crawling Infant
- Infant Oral Assessment: Exploring Anatomy and Function Beyond the Frenulum
- Activities for Supporting Optimal Infant Oral Function
- Lactation Intensive for Birth and Health Professionals
- Lactation After Loss
- Beyond the Basics of Latch: Support Strategies for Helping Babies When the Basics Aren't Enough
- Common Infant Digestive Concerns: Dietary Sensitivities, Reflux and Beyond
- Herbal Support for Lactation and Infants
- Beyond Fenugreek: An Individualized Approach to Herbal Galactagogues
- Placenta Medicine as a Galactagogue: Tradition or Trend?
- Bodywork: Another Resource for Feeding Support
- Clinical Skills Workshop
- Milk Production Detective Work: Assessment and Care Plan Considerations

## *Testimonials*

"Excellent presentation!!! Best BF conference I have attended in a few years. Great slides.

Loved the videos. Should be so helpful implementing this info in my practice. Thank you!"

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"Overall, great tips I can use for improving mother/baby dyad assessment of feeding challenges and implementing evidence based practices. Great topics and a wealth of useful information!"

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"The need for sensitivity was felt in Melissa's voice within the presentation - a role model of how to speak as well as what is most needed to be heard. Very well done. This will immediately be put to use. Thanks!"

"This conference was wonderful. Melissa Cole was terrific and presented material that is extremely applicable. I will be better able to assess tongue tie and gut issues. I am better able to ask the correct questions, develop a treatment plan, and figure out the referrals to be made."

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"Well done Melissa! Yours was the best online course I took all year and I'm using what I learned with all my clients."

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"Very much enjoyed Melissa's presentation. Intelligent and caring provider!!"  
"Wonderful, engaging, and interesting. I loved Melissa's perspective, experience and openness to alternative therapies. Thank you!"