



Lactation Resources for Parents in Construction or Trade Workplaces **© Luna Lactation & Wellness, LLC**

- Luna Lactation & Wellness is committed to providing personalized, comprehensive support for all phases of lactation and beyond, including supporting working parents.
 - We provide infant feeding, pumping and lactation support virtually and in-person
www.lunalactation.com
- Oregon Health Authority Public Health Division information on *Oregon and Federal Workplace Laws* for breastfeeding parents:
<https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/BABIES/BREASTFEEDING/Pages/index.aspx>
- Resources from KellyMom on *Pumping & Employment*:
<https://kellymom.com/category/bf/pumpingmoms/>
- Article from KellyMom on *Breastfeeding and Environmental Contaminants*:
<https://kellymom.com/bf/can-i-breastfeed/chemicals/env-contaminants/>
- Article from Construction Executive on *How to Support Breastfeeding Moms in Construction*:
<http://constructionexec.com/article/how-to-support-breastfeeding-moms-in-construction>
- Article from US Department of Health & Human Services on *Supporting Nursing Moms at Work: Outdoor Job Sites*:
<https://www.womenshealth.gov/supporting-nursing-moms-work/lactation-break-time-and-space-all-industries/outdoor-job-sites>

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